



INFORMED CONSENT

WELCOME TO CSSB

What I value most, and am committed to, is supporting you to achieve your goals during our time together. Your participation in therapy may help you learn more about yourself and others and provide you with tools and skills to better cope with your problems.

I am a member of the Australian Counselling Association, and bound by their Code of Ethics and regulations. Please ensure you read and understand these which can be found on the ACA webpage. Also I undertake regular supervision and ongoing training to ensure you the best quality practice. Please note that It is within these supervision parameters that your case might be discussed with a clinical supervisor, however your anonymity will be maintained.

PRIVACY, CONFIDENTIALITY & RECORDS

Your confidentiality and privacy is of the utmost importance to me, and I can assure you that all discussions and records are private and secured, however please note that I am also bound to uphold Duty of Care, and therefore obliged to breach confidentiality to seek advice if disclosure is made of self-harm, harm to others, child abuse or neglect or disclosure of a criminal offence. Otherwise all information disclosed within the sessions will be kept confidential and will not be revealed to other persons or agencies without your written permission, except if mandated by State or Federal statutes or court order.

CANCELLATION POLICY

If you cancel or reschedule inside 24 hours of your appointment, forget your appointment, or arrive late then you will still be charged the usual fee as this time has been set aside for you. This policy is representative of the industry standard within the counselling and psychotherapy professions. It is the responsibility of the client to keep a record of appointments details. You will find that therapy is more effective long term when appointments are regular and consistent. If you arrive late I will still be required to end the session at the usual scheduled time to avoid affecting other clients' appointments.

If you need to contact me between appointments please text or call me on 0411417100, or you can email me at info@cssb.com.au.

As a client of CSSB you acknowledge this Confidentiality and Consent Agreement, and agree to the following:

- You consent to therapy by Counselling Support Services Brisbane
- You accept you may withdraw from consultation at any time
- You are financially responsible to Counselling Support Services Brisbane
- You are aware that Counselling Support Services Brisbane is not an emergency service so in the case of an emergency I will contact the emergency line 000, or contact a 24 hour telephone counselling service such as Lifeline 131114.